The Story of Nick Vujicic

 This video narrates the wonderful tale of Nick Vujicic, a man without arms or legs.

No matter the consequences, he would always risk trying new things, always willing to take the chance not afraid of failure. He believed in a bright future, he had an abundance of hope… Something we should all have.

This video inspires us to be patient, never question our abilities as we capable of achieving our goals if we put the necessary efforts into it. Quitting is not an option for Nick and should not be for us either.

All of us have dreams. The difference between those of us who achieve them and those who don’t is whether or not we act on them. Pursuing these dreams is the real challenge that we face, and most of us won’t even try sometimes.

That’s what made Nick such an inspiration. He had dreams of things that most of us take for granted, but to him they were dreams that needed hope, effort, persistence, imagination, and hard work. He accomplished what he set his mind to do despite the fact that he faced stiff challenges and hurdles and felt like giving up more than once. He never stopped trying to achieve everything he felt he wanted to do. He inspires people to follow their dreams because they are not as hard as they might think, and failing once is just the first step of the road to success.

We as people are very beautiful beings, however, most don’t see that. They choose to ignore it and hide behind their own shadow. Not Nick. He would throw himself out there and be completely and utterly happy regardless of his limitations (which he chose to ignore). He accepted who he was, his shortcomings and his physical disability and worked on using them to his advantage in order to lead a normal and independent or probably interdependent life and made the most of it. He is confident, and that’s what makes him extraordinary. He appreciates himself the way he is, and people need to follow his example and love every single part that defines them.

A very important factor of Nick’s happiness is his positive attitude and positive outlook on life. He always smiles, no matter the tough times he faced and he wouldn’t let hurdles affect his optimism for a brighter future, his hope for a better world. No matter what people go through in life, they should follow Nick’s example and be hopeful, because someday, all this will not be in vain and good will come out of it, and smiling is the first step.

In our school environment, many students face difficulties in terms of acceptance, pessimism, academic and social failure. However, with Nick’s tough life and unexpected achievements used as an example to these particular students, a lot can be done to change their outlook on their life. Disability isn’t something to be ashamed of, both physically and emotionally, and it is the job of the Student Life Organization to ensure that students with these problems understand that it’s okay, that people can eventually learn to accept and even appreciate those facing these problems. Raising awareness of disability bullying is just as important. In addition, random acts of kindness around the school help boost positivity and optimism. Most importantly, the students need to accept themselves for who they are, and no one can make them do that but them. Going through a rough period is only the detour and working a little bit harder can help you get through it.

**What about you?**

* Are you willing to achieve your goals no matter what?
* Are you willing to try, try and try regardless of how many times you fail in order to finally succeed?
* Are you willing to remain positive and optimistic in the face of hurdles and challenges
* Are you willing to become a role model for others?

**Exercise:**

1. List 3 goals you feel you need to achieve and have a hard time starting
2. Put together a plan to start working on each one of them with definite dates and deadlines
3. Monitor your progress as you start implementing these plans
4. Ask for help whenever needed. No one said that you have to do everything by yourself. Asking for help is always a good thing
5. Keep in mind that **Quitting is Not an Option**